

Unit 2 It's good for you!

- 1 Complete the questionnaire about yourself and then ask and answer the questions with a partner.

Which foods do you think are good for your health?	
Are you allergic to any foods?	
Have you ever gone on a diet? What was it?	
What is your main meal of the day?	
Do you prefer home cooking or ready-made meals? Why?	
What is your favourite staple food: bread, rice, potato or pasta?	
When you cook, do you follow a recipe? Why/Why not?	
Are you a vegetarian? Why/Why not?	
What is your favourite food?	

- 2 Complete the sentences below with the words in the box. The first letter will spell two words.

order a meal two deal fresh produce
on offer examine deliver goods ingredients

- Food that has not been frozen, put in cans etc. is
- Tell a waiter what you want to eat in a restaurant
- Available to buy at a cheaper price than usual
- If I order online, the supermarket will to my house.
- If something is value for money, you get a good
- In a recipe, there will be a list of
- If you have a food allergy, you will need to the contents of the packet.
- Sometimes supermarkets have goods on offer, and they are for the price of one.

3 In pairs, find the answers to the following definitions in the grid below. The words will be in a straight line horizontally, vertically or diagonally and can be read up or down.

- 1 Farming of a large number of chickens in a small space: farming
- 2 Food that contains a lot of fat: food
- 3 Producing large numbers of goods by machine in factories: production
- 4 The department of a large shop where food is sold: a food
- 5 Getting food ready for eating: food
- 6 Available to buy in the shops: on
- 7 Food and drink available in a restaurant: on the
- 8 Available to buy and on display: on the
- 9 A person who sells products to the public:
- 10 The idea that price depends on the number for sale and how many people want to buy: and demand
- 11 Goods worth what you pay for them: for money
- 12 Product made by a particular company:

N	Y	S	L	L	V	K	M	R	Z	G	E
N	O	V	U	A	L	Y	F	E	F	W	L
F	U	I	L	P	R	A	U	L	E	A	A
W	X	U	T	E	P	N	H	I	Z	P	S
Q	E	K	T	A	E	L	G	A	Q	F	W
R	E	T	H	M	R	R	Y	T	I	C	D
P	A	I	C	K	J	A	S	E	D	Z	F
B	S	O	Z	L	P	L	P	R	A	L	A
N	B	I	S	H	E	L	V	E	S	O	T
S	S	A	M	K	Z	Z	G	K	R	B	T
U	D	B	R	A	N	D	X	X	E	P	Y

4 Complete the following sentences with a word or phrase from exercises 1–3 above.

- 1 The price of some goods like coffee can vary related to and
- 2 Heinz is a very well-known
- 3 In some department stores you can buy food because there is a
..... .
- 4 In some restaurants the kitchen is on view to the diners and you can watch the
..... .
- 5 When you you need to make sure you have all the
..... .
- 6 Sometimes a supermarket will have goods and you can buy
..... .
- 7 Doctors say that are not
..... .
- 8 In UK the food is potatoes, but in many other countries it is rice.
- 9 Our local market sells fruit and vegetables. It is almost all
straight from the farmer.
- 10 Many people think that goods made in large quantity by are
good because they are cheaper than hand-
made goods.

5 Some people say that the only way to feed the world's increasing population is by more and more battery farming of chickens and similar methods/factory farming for other animals. Other people say that there are other more humane ways of dealing with this problem.

Write an essay discussing both these views and give your own opinion. You should write at least 250 words.

